



THE CIRCUIT RIDER

PORTLAND FIRST UNITED METHODIST CHURCH 1838 SW JEFFERSON, PORTLAND, OR 97201

September 8, 2010
Volume 14, Issue 18

WORSHIP AT FIRST CHURCH

SUNDAY WORSHIP

Sept. 12, 2010
10:30 AM
Welcome Home
Sunday

Sept. 19, 2010
10:30 AM



As a Reconciling
Congregation,
members of
First United
Methodist Church
have pledged to
welcome and support
all who want to worship
with us, regardless of
race, gender, class or
sexual orientation.



LIVING A VIBRANT FAITH

BELIEVING THINKING ACTING

WELCOME HOME SHINE ON, PORTLAND

SUNDAY

SEPT. 12



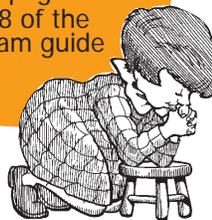
CHILDREN'S CHOIRS BEGIN

see page 10
of the
program guide



SUNDAY SCHOOL FOR CHILDREN & YOUTH BEGINS

see pages
7 & 8 of the
program guide



CLASSES FOR ADULTS BEGIN

see page 11
of the
program guide



A FOOD CART VILLAGE

Following worship we have a food cart style lunch in Collins Hall. Sample food from one or more of the following:

- Goose Hollow Garden
- Portland Pita Pockets
- Sunshine Smoothies
- Bridge Town Burritos

This will be a great chance to catch up with old friends or make some new ones. Come join us as we celebrate the start of another school year!



memo

Rev. Dr. Arvin R. Luchs

Those first American space pioneers—the Mercury 7—were fearless test pilots, not known for being emotional. According legendary NASA Flight Director, Gene Kranz, after astronaut Alan Shepard successfully completed the first American manned spaceflight he was set upon by reporters. Chief among their questions was what he was thinking about as he sat atop the Redstone rocket waiting for ignition and liftoff. In true “right stuff” style, Kranz said Shepard, laconically replied, “The fact that every part of this ship was built by the low bidder.” *

Later space travelers have been more enthusiastic and articulate about their experiences. They describe the pre-launch moments as an emotionally overwhelming blend of apprehension, eagerness, and impatience. Some of them say they have to lecture themselves to calm down and concentrate on their tasks during blast-off. I can only imagine what a “high” that must be!

To my knowledge, none of the staff or lay leaders at First Church have traveled in space. But in these late summer days we have a small taste of their emotions. These are days of busy energy—a high moment filled with apprehension, eagerness and impatience as we count-down to the launch of our fall programs.

For months, preachers, staff, lay leaders, ministry team chairs, teachers, and musicians have been bubbling with ideas and organizing new and continuing ministries for each of us—no matter what our age—to grow in faith and express our spirit in mission and outreach. This year it’s all centered around the theme of “Shine On”—letting the light and love of faith beam brightly in our community and our world. You can discover some of the things in store by reviewing the Fall Guide accompanying this issue of *The Circuit Rider*.

We invite you—your family—your neighbors and friends—to “launch day” on Sunday, September 12, 2010. I hope you will be there to let your light ‘Shine On!’

See you in Church!

Arvin

* in Kranz, Gene, *Failure is Not an Option*, Simon and Schuster, New York, 2000.

P.S. Let me add a special invitation to a one-of-a kind event on the weekend of September 17-19, 2010 when we welcome Dr. Dana Robert, the Truman Collins Professor of Mission at Boston School of Theology to challenge us in mission. Look over the information to the right to see the schedule of this important event.

A CELEBRATION OF RISK-TAKING MISSION 2010

Sponsored by

Alton L. Collins Retreat Center
Portland's First United Methodist Church
Boston University School of Theology

SEPTEMBER 17-19, 2010



Dr. Robert is Truman Collins Professor of World Christianity and History of Mission at Boston University.

On Friday, September 17, 2010, Dr. Dana Robert will give a lecture at 7:00 PM at First Church. The lecture is free.

On Saturday, September 18, Dr. Robert will lead a forum and conversation on risk-taking mission at the Alton L. Collins Retreat Center. This event is \$20 per person. For more info visit: collinsretreatcenter.org and click on events.

On Sunday, September 19, 2010, at 10:30 AM, Dr. Dana Robert will be preaching at Portland's First United Methodist Church, celebrating the leadership of United Methodist Women in world mission.



visit their new
website at
www.pdxhfs.org

Portland Homeless Family Solutions is happy to announce that this year, the Goose Hollow Family Shelter is opening its doors with the intention of keeping them open for good! From this point on, PHFS plans on being there to operate emergency shelters for homeless families with children all year round.

This move to year-round operation will take a lot of work and we will continue to rely heavily on our volunteers to make a difference in the lives of our families. Just last season (from November to June) we saw 8,787 volunteer hours served at our shelters. We saw a total of 7,285 of the hours volunteered at Goose Hollow Family Shelter alone. That volunteer time was critical to our day to day operations. Our volunteers provided families with comfort, friends, and warm meals. We could never have gotten through the year without our volunteers! This year our need will be even greater with volunteer positions to fill all year round. If you are interested in volunteering at either Goose Hollow Family Shelter at night or Thirteen Salmon Family Center during the day, you can sign up on our brand new website or by calling Allie at 503-915-8307.

If you would like to learn more about homelessness and our shelters consider coming to one of our shelter volunteer orientations. Orientations for Goose Hollow Family Shelter will be held in the shelter at 5:00 PM on the first Tuesday of every month beginning on September 7, 2010. Orientations for Thirteen Salmon Family Center will be held at Thirteen Salmon on the First Monday of every month at 6:15 PM beginning on October 4, 2010.

We hope that you decide to become a part of our support year-round by taking advantage of the many ways you can make a difference. If volunteering isn't possible for you and you would still like to help us, consider spreading the word to your friends and family. The more people that know about us and what we do, the more support and help we will have in the community. Another great way to help is by donating to us. Financial support is more important now than ever to keep us going. Beginning this year you will be able to donate on our website! We can also always use donations of goods. A current list of all needed items can also be found on our website.

To learn more about us, sign up to volunteer, or to find out more about our needs and how to donate, just visit our brand new website at www.pdxhfs.org. We look forward to seeing you around the shelter!

our prayers

PRAYERS OF SYMPATHY FOR ...

*The family and friends of Rev. Bill Lavelly, Bill died on August 26, 2010.
His memorial service will be at First Church on Friday, September 10,
2010 at 2:00 PM.*

PRAYERS OF CONCERN FOR ...

*Chan Aaby, who is in the hospital with an abdominal infection ...
Phyllis Leonard, who is recuperating from minor knee surgery ...*

WE CONTINUE OUR PRAYERS FOR ...

*Bruce Gaffield and Rita Rojas, who is the wife of Lorenzo Montoya,
our lead custodian ...*

PRAYERS FOR THOSE SERVING IN THE MILITARY ABROAD ...

AJ Jennings

a recognition

FAMILY BRIDGE HOMELESS SHELTER TO HONOR VERN GROVES

On Sunday, September 19, 2010 the Family Bridge Homeless Shelter will be honoring Vern Groves who has served as volunteer treasurer and accountant of the Family Bridge Homeless Shelter for over ten years and is now retiring from this position. You are invited to a luncheon in his honor at 1:30 PM at the home of Julie Perger, 1350 Snapdragon, Forest Grove, OR. RSVP to familybridge@gmail.com or call 503/679-2169.

adult sunday school class

CHANGING CHRISTIANITY

This class meets each Sunday from 9:00 to 10:15 AM in Room 110. The Changing Christianity Class offers the opportunity for wide-ranging conversations about religion and Christianity past, present, and future.

FELLOWSHIP OF SEEKERS TO RESUME SUNDAY, SEPTEMBER 12, 2010

This class meets each Sunday from 9:15 to 10:15 AM in Room 134. The class is open to all who seek spiritual growth through study and discussion of writings by current and historic religious thinkers. Following a time of fellowship, lively discussions are led by different class members each week.

PRAYER: THE SACRED CONNECTION

September 12, 19, & 26, The Fireside Room at 9:15 AM and taught by Rev. Peggy Luckman

In this brief series of classes you will have an opportunity to experience many different ways in which we pray and reflect on your personal prayer journey and to share if you are comfortable doing so. You may also ask questions you may have about prayer. We will offer information about resources that can be used to deepen your own experience of sacred connection.

BIBLE STUDY: THE BOOK OF AMOS

Rev. Peggy Luckman will begin a study of Amos on Wednesdays in the Library. See page 3 of the program guide.

downtown compassion clinic september 18, 2010

DONATIONS NEEDED FOR FREE MEDICAL/DENTAL CLINIC

The following hygiene items are urgently needed for the upcoming Downtown Compassion Clinic and our church has volunteered to collect and distribute them:

- diapers
- feminine hygiene items
- personal care products (esp. shampoo and lotion and razors)
- dental care items

Individuals who are struggling just to meet their monthly rent and grocery bills often have little left over for these important items, and agencies who serve homeless individuals are unable to keep up with the demand for these items. So please, give as you are able.

Visit www.downtowncompassion.org for more information. Tax-deductible cash donations are also needed. Contact Jeri Shumate or Debby Fisher and/or visit the Downtown Compassion Clinic table in the Commons.

united methodist women umw

All women are invited to participate in the following activities. We strive to develop a supportive fellowship as we promote concern for women, children and youth at home and abroad. President, Marion Hollenberg. 503/640-3270.

METRO DISTRICT

The Metro District Annual Meeting will be held September 18, 2010 at the Cherry Park United Methodist Church, Portland, Oregon. Registration begins at 8:30 AM. Please contact Marion Hollenberg for more details at 503/640-3270.

UMW SUNDAY, SEPTEMBER 19

Sunday, September 19, 2010 is UMW Sunday. Dr. Dana L. Robert will be the guest speaker. Robert is the Truman Collins Professor of World Christianity and History of Mission, has been teaching at Boston University since 1984. She has directed nearly sixty doctoral dissertations in mission studies and the history of world Christianity. Dr. Robert was raised in Baton Rouge, LA, and serves on the Committee on Faith and Order for the denomination. She regularly participates in mission outreach in Zimbabwe. Schools of Christian Mission throughout the nation have been using her text, *Joy to the World, Mission in the Age of Global Christianity*.

UMW UNIT MEETING

The UMW Unit will meet Thursday, September 30, 2010 at 10:00 AM in the Fireside Room. Our guest speaker will be The Reverend Paul Jeffrey, United Methodist Missionary and award winning photojournalist, who provides stories and images of the work of our church around the world. He has recently returned from the Sudan and Haiti. A luncheon will be provided. President Marion Hollenberg. 503/640-3270.

CHILDREN'S MINISTRY IS LOOKING FOR VOLUNTEERS

Are you able to be a substitute Sunday school volunteer? Children and Family ministry is looking for volunteers to help with miscellaneous tasks and duties. To volunteer or for more information contact: Megan Humphreys-Loving at 503/228-3195 ext.227 or mhumphreys-loving@fumcpdx.org

Publication Deadlines

Articles for The Circuit Rider are due no later than 10:00 AM on the Thursday before publication the following Wednesday. The next Circuit Rider will be published on Sept. 22, 2010.

Bulletin insert information

is due no later than 4:45 pm on **Wednesday**.

Sunday service participant

information for the Sunday bulletin is due no later than noon on **Wednesday**.

E-mail:

office@fumcpdx.org

The Circuit Rider Online or by E-Mail

See the latest and past issues of **The Circuit Rider** in color at www.fumcpdx.org/newsletter

The Circuit Rider can be e-mailed to you. E-mail the church office at office@fumcpdx.org to request it by e-mail.

sign up for pictures, please

GOOD NEWS MORE DAYS FOR PHOTO DIRECTORY APPOINTMENTS

Haven't made your appointment yet to be included in the new church photo directory? We have just opened an additional five days in October so now is the time to do it.

Photos will be taken at the church as follows:
Tuesday through Saturday, October 5-9, 2010.
Appointment hours are:
Tuesday through Thursday 1:30 to 8:00 PM
Friday and Saturday 10:30 AM to 5:30 PM

You may make your appointment on Sundays in the narthex before the worship service as well as in the narthex and Collins Hall after the service. Better yet, you may make an appointment anytime on-line on the church website www.fumcpdx.org
By popular demand we have **extended the opportunity to have your pet included** in additional photos taken during your photo session!

Each family/household who comes for photography and portrait viewing at the church will receive a complimentary directory and an 8 x 10 custom color portrait. You will be able to select your portraits electronically from a variety of poses. Additional Life Touch portraits will be available for purchase. Your appointment will normally take about one hour.

Questions? Call Edie Jensen at 503/624.0229



Portland's First United Methodist Church

FALL PROGRAM GUIDE

September - November

2010

PORTLAND'S
FIRST
CHURCH

Established 1848

Address

1838 SW Jefferson
Portland, OR 97201

Phone

503/228-3195

Fax

503/273-8711

E-Mail

office@fumcpdx.org

Website

www.fumcpdx.org

Sunday Worship

10:30 AM

As a Reconciling
Congregation, members
of First United Methodist
Church have pledged to
welcome and support all
who want to worship
with us, regardless of race,
gender, class or
sexual orientation.

*Living a
Vibrant
Faith:*

BELIEVING
THINKING
ACTING

VISIT
OUR
WEBSITE
AT:

WWW.
FUMCPDX.
ORG

SHINE
ON



LET YOUR
LIGHT
SHINE
IN THE
WORLD,
THAT THEY
WILL SEE
YOUR
LIFE AND
BRING
PRAISE
TO GOD.

Matthew 5:16

FIRST CHURCH STAFF

Senior Pastor

Rev. Dr. Arvin Luchs
503/228-3195 ext. 226
aluchs@fumcpdx.org

Minister of Discipleship

Rev. Peggy Luckman
503/228-3195 ext. 224
pluckman@fumcpdx.org

Minister of Pastoral Care

Rev. Tom Foster
503/228-3195 ext. 233
tfoster@fumcpdx.org

Director of Community Outreach & Volunteer Services

Jeri Shumate
503/228-3195 ext. 220
jshumate@fumcpdx.org

Director of Children, Youth & Family Ministries

Megan Humphreys-Loving
503/228-3195 ext. 227
mhumphreys-loving@fumcpdx.org

Artistic Director of Music & Organist

Jonas Nordwall
503/228-3195 ext. 218
jnordwall@fumcpdx.org

Executive Director of Music

Kelly Qualls
503/228-3195 ext. 235
kqualls@fumcpdx.org

Church Administrator

Christine Bostick
503/228-3195 ext. 222
cbostick@fumcpdx.org

Administrative Assistant

David Jenkins
503/228-3195 ext. 221
djenkins@fumcpdx.org

Facilities Manager

Dwight Drago
503/228-3195 ext. 205
ddragoo@fumcpdx.org

Bookkeeper

Shirley Blalock
503/228-3195 ext. 225
sblalock@fumcpdx.org

JUST FOR YOU

THE COMMONS-AM AND THE COMMONS IN COLLINS HALL

Come to Collins Hall on Sundays from 8:45 AM to 10:15 AM. We'll be open for coffee, juice, snack and conversation. Then join us after the worship service for the Commons in Collins Hall and sign up for an activity, get information on a current issue, check out a book ... or just have coffee with a friend. Follow the signs from the sanctuary.

NURSERY CARE

Nursery care is available on Sunday mornings in room 211 from 9:00 AM through the worship service each week. It is available for infants through two years of age.

A WORD ABOUT PARKING

In addition to the parking next to the church, there is also parking available in the lots to the east of the sanctuary. Visitor parking and parking for senior citizens is specially marked near the front doors. The MAX and Tri-Met buses stop at First Church's entrance onto Jefferson Street.



*We gather at
First Church
every Sunday
at 10:30 am
to worship as
a community.*

SPECIAL SUNDAYS

September 12

Welcome Home Sunday

September 19

United Methodist Women's Sunday

September 26

Teacher Recognition and Christian Education Offering

October 3

World Communion Sunday & Offering

November 28

First Sunday of Advent and Chili Lunch
and Advent Wreath Making

United Methodist Student Sunday & Offering



The First Sunday of Each Month Is

FISH Sunday Food Drive

The Third Sunday of Each Month Is

Let's Make Change,
giving loose pocket change
for caring ministries.

GROUPS

There are a number of on-going fellowship groups at First Church. For details and contact information, call the church office at 503/228-3195.

R+FRIENDS

For those interested in the First Church Reconciling Program, this group goes out for lunch bi-monthly following the worship service. Meet after worship in the Commons. Contact: Dan Woodward

METHODIST HIKERS

This group takes monthly hikes on Saturday mornings. Contact: Jim Teisher

THE PARKER GROUP

Beginning in October, the group meets the first Saturday of the month at 11:00 AM. Contact: Bill Rizzo

THE SHOVEL AND RAKE GANG

Meets every Thursday from 8:00 AM to noon to do projects around the church, with a break for refreshments and fellowship at 10:00 AM. Contact: Terry Connell

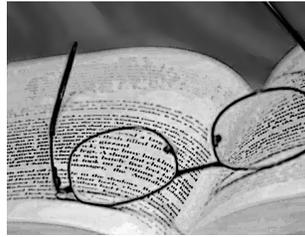
BRIDGE GROUP

Meets on Tuesdays from 11:00 AM to 3:00 PM. Contact: Dee Poujade

PING PONG GROUP

The Ping Pong Group meets the first Thursdays of each month, starting in October. The Ping Pong group will be playing in conjunction with the Youth ping pong tournament. Meet at 6:00 PM in the gym. Contact: Kay Ward

LIBRARY



THE FIRST CHURCH LIBRARY

Interested in reading good books? The Church Library contains over 6,000 books, audiotapes and videos ... fiction and non-fiction for adults and children. Subjects include theology, history, biography, psychology, prayers, devotional literature and much more. The library is open Sundays beginning at 9:15 AM, and for about a half hour after church.

The library is located in the 100 wing of the church or stop by the Commons in Collins Hall after church to see our display.



THE ARTS

CREATIVE SPIRIT EXHIBITIONS

The purpose of the First Church fine arts program is to encourage and share the creativity of our community through the visual arts. The Creative Spirit Exhibitions are located in Collins Hall. Shows rotate every two months.

September/October

First Church Photographers

November/December

First Church Painters

BOOK GROUP



ALL-COMERS' BOOK GROUP

The All-Comers' Book Group meets the third Monday of each month at 7:00 PM in the Church Library.

The September group will meet September 20, 2010 and discuss *The Crying Tree* by Naseem Rakha.

In the October meeting they will discuss *The Zookeeper's Wife* by Diane Ackerman.

For more info contact: Rosemary Dodds



WELCOME TO FIRST

BIBLE STUDY

A STUDY OF AMOS

You are invited to read and study the Book of Amos with us this Fall. We will meet from 7:00 to 8:30 PM in the Church Library. This four week study will run Wednesdays, September 8, 22, and October 6 and 13, 2010.

Amos is a part of a group of Old Testament texts called the "Minor Prophets." Although Amos was written centuries ago, this short book carries a bold message which is still relevant today. For more information contact Rev. Peggy Luckman.

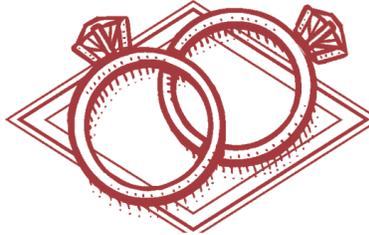
FIRST CHURCH ORIENTATIONS

If you would like to officially join First United Methodist Church or learn more about our congregation, then this two-hour session and simple meal is for you ... and meet others who are interested in becoming a part of First Church as well. These orientations will be offered after the worship service. The next orientation will be **Sunday, October 17, 2010**. For information or to register to be a part of one of these sessions, contact the church office at 503/228-3195. Child care is available.

FORUMS AT FIRST



First Church Forums are held on Sundays after worship in the Fireside Room. A light lunch and child care are provided. Upcoming forums include the following:



MARRIAGE EQUALITY SEPTEMBER 26

On Sunday, September 26, Reconciling Ministries will host a forum at noon in the Fireside Room on LGBT Marriage Equality. The panel discussion will include Rep. Dave Hunt, of the Oregon House of Representatives.

UM VIM TEAMS OCTOBER 17

On Sunday October 17, 2010 at noon in the Fireside Room, the Global Missions committee will host a forum on recent UM VIM trips to Eugene and Brazil and present future Volunteer in Mission opportunities.

JERUSALEM WITH MISSIONARY JANET LAHR LEWIS - NOVEMBER 14

Global Missions is preparing a forum on Sunday, November 14, 2010, featuring our Covenant Missionary Relationships: with missionary Janet Lahr Lewis of Jerusalem.



PASTORAL CARE



PASTORAL CARE

First Church provides pastoral care for those who are: sick at home or in the hospital, in a time of personal or family crisis, experiencing grief following a death, or in need of supportive counseling. We also seek to keep regular contact with our home bound members.

PRAYER CHAIN

In cooperation with the United Methodist Women, we also have a Prayer Chain for members and friends of the church. Contact Rev. Tom Foster, 503/228-3195 ext 233, to place a prayer request.

STEPHEN MINISTRY

In addition, there is a Stephen Ministry program at First Church, which provides caring Christian support and friendship through a trained lay ministry team. These individuals provide a listening ear when a crisis arises. They are there when you are dealing with a death, prolonged illness, or other challenges. To receive the services of a Stephen Minister, contact Tom Foster through the church office.

All pastoral care needs and requests should be directed to Rev. Tom Foster, our Minister of Pastoral Care. Rev. Foster can be reached at 503/228-3195 ext. 233 or at tfoster@fumcpdx.org.

ADDICTION RECOVERY

First Church provides space for several addiction recovery 12-step programs. For a complete listing of types and meeting times, contact the church office at: 503/228-3195.

COUNSELING OFFICE

We also have a psychologist who maintains an office on our campus. Dr. Roger Carlson is an ordained United Methodist minister, as well as a fully licensed psychologist. If you desire to make an appointment for counseling, you can reach his office directly at 503/245-2929 or e-mail him at: rogerdcarlson@gmail.com.





IN SERVICE

The Outreach Ministries at First United Methodist Church are inspired by the social gospel witness of Jesus, which calls us to love kindness, do justice and walk humbly with our God. We seek to be an intentional, inclusive, engaged community working to eradicate poverty of mind, body, and spirit as we commit ourselves to being a significant voice in the community, working to address the issues of housing, hunger, the environment, and social justice and peace. Outreach Ministries at First UMC include groups that are focused to work on Church and Society for Social Justice, Global Missions, Planet Church, and Hunger Ministry. For more information, contact Jeri Shumate, Director of Community Outreach & Volunteer Services at 503/228-3195 ext. 220 or jshumate@fumcpdx.org.

Wednesday, September 15

Goose Hollow Family Shelter Opens

Where do you sleep when you have no home? Where do your children sleep? And where does your family sleep when it's winter in Portland, Oregon? First United Methodist Church has been providing Winter Shelter services since 1994. You can volunteer to fix a meal for our guests, play with the children, spend the night, or just offer a helping hand. To sign up as a volunteer for any of these opportunities, visit their website at www.pdxhfs.org.

Saturday, September 18

Downtown Compassion Clinic, All Day

First United Methodist Church is participating in a multi-faith health outreach project to homeless and low-income individuals this fall, and you're invited to participate. The Downtown Compassion Clinic will serve hundreds of people without adequate health care on Saturday, September 18, and we need helpers of all kinds—medical, dental, and eye professionals will be important, but there will be opportunities for everyone. To volunteer, visit the website at www.downtowncompassion.com/volunteers.html. For more information call Jeri Shumate, Director of Community Outreach & Volunteer Services, at 503-228-3195, ext. 220 or Debby Fisher at 503/645-4802.

Saturday, October 23

National Make a Difference Day

Each October, *USA Weekend* magazine, in partnership with the Points of Light Foundation, sponsors a day for people to volunteer and make a difference in their communities. This year, join First Church families and youth for an exciting, hands-on day of service right here in Portland. Call Jeri Shumate at ext. 220 for more information.

Saturday, November 13

Package food at Oregon Food Bank, 9:00 – 11:00 AM

Oregon Food Bank couldn't do the work they do without the help of volunteers! We are scheduled to bring a group to the Volunteer Action Center. Here, volunteers repackage and sort bulk non-perishable food items, fresh produce, frozen foods or other projects. If you want to join the team, call Jeri Shumate at 503-228-3195, ext. 220.

GOOSE HOLLOW FAMILY SHELTER

The Goose Hollow Family Shelter is an emergency shelter started at First Church in 1994, and is one of the few family shelters in the Portland metro area that allows homeless families to stay together in temporary shelter. Goose Hollow is a program of the nonprofit Portland Homeless Family Solutions, and also part of a larger community alliance to end homelessness by addressing the root causes of homelessness and advocating for affordable housing, living wages, health care, and situations of poverty. The shelter will open this year on September 15, and for the first time will operate year-round. We utilize more than 600 volunteers each season to help operate the shelter. With this expansion, we expect that number to grow. Volunteer positions range from bringing dinner to playing with the children to staying overnight with our shelter guests. We encourage you to volunteer at the shelter. Visit our webpage at www.pdxhfs.org.

We will also be holding our 3rd Annual Auction at the Multnomah Athletic Club, October 3, 2010 from 5:00 to 8:00 PM.

Brandi Tuck, Director of the Goose Hollow Family Shelter, 503/915-8306 or brandi@pdxhfs.org
Allie Brucculeri, Communications/Volunteer Coordinator at 503/915-8307 or allie@pdxhfs.org

GOOSE
HOLLOW
FAMILY
SHELTER

LEARNING FOR SENIORS



55 ALIVE

The next 55-Alive Driving Course will be offered:

Wednesdays and Thursdays,
October 13 & 14, 2010

55-Alive is a unique program for older drivers. This popular course is offered three times a year at First UMC. Each day the class runs from 9:00 AM to 1:00 PM. Pre-registration is required. The cost is \$12.00 for AARP members with cards and \$14.00 for non-members. Make checks payable to: AARP. To register, call the church office at 503/228-3195.



TRAVEL & GROW

TRAVEL PREVIEW

SUNDAY, SEPTEMBER 19

Join fellow First Church members and friends exploring the world! This upcoming Spring you are invited to experience the history and natural beauty of our country an in-depth tour of the eastern U.S. on our *Heritage of America* trip departing March 31, 2011. Highlights of the journey include New York City, Philadelphia, Amish Country, Gettysburg, Colonial Williamsburg and Washington DC during cherry blossom season! The tour is sponsored by the Travel Committee at First UMC, Portland, and escorted by Cheryl Luce. Come to the Fireside Room at noon on Sunday, September 18, 2010 and learn about this tour. We will also present a preview of our August 2011 tour, Ancient Peru: Ancient Land of Mysteries. Refreshments will be provided. For more information contact Cheryl at 503/380-8604 or by email at cheryl.luce@gmail.com



Tuesday October 5

Churches of Different Cultures

Discover the rich and diverse cultures of international origin through 'inside' tours of selected churches and educational centers in Portland. The overall guide to lead us through the unique symbolism of each setting is Colleen Foster with individual tour guides at each site visited. Travel to the *Our Lady of Lavang Parish: Southeast Asian Vicariate*, a unique parish - numbering 5000 - for the Vietnamese community. From here we visit the *Nritya Mandala Vihara*, a Buddhist monastic center that includes a complex for meditation, ritual, and study, as well as practicing the sacred arts. This center is supported by the Foundation for Sacred Buddhist Arts of Nepal. Next is a lunch stop at *McMenamins Edgefield*. The final visit is to the *Kwan Yin Temple*, a traditional Chinese Buddhist Temple following a combination of Pureland and Ch'an practices.

The day will begin by gathering at First United Methodist Church at 9:00 AM for car-pooling; we will finish the day about 4:30 PM back at the Church. Costs are limited to lunch and a donation request of \$7.00 per person to be passed on to the various churches visited. Registration deadline is September 15, 2010.

blessing of the animals



A BLESSING OF THE ANIMALS ON SUNDAY, OCTOBER 24, 2010

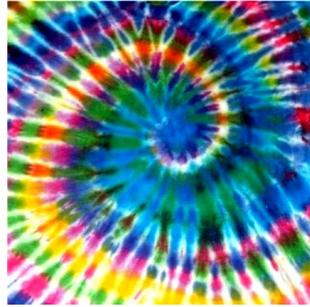
Join us for our Second Annual Blessing of the Animals on Sunday, October 24 at 4:00 PM in Beckham Courtyard. In this service we will celebrate the animal companions in our lives and invite them into our church setting to receive a special blessing. Treats for our animal companions will be provided.

SHINE ON EVENTS

FIRST CHURCH YOUTH

LOCK IN

There will be an All Youth Lock In on Friday, September 3, 2010 at 8:00 PM. Meet in Room 202. You will be ready for pick up at 8:00 AM on Saturday, September 4, 2010. Bring a snack to share, movies (rated G or PG), and a sense of good spirit and fun! A \$5.00 donation is suggested.



TIE-DYE PARTY
THURSDAY,
SEPTEMBER 9,
2010

YOUTH VOLUNTEERS FOR FISH SUNDAY

On Sunday, September 5, 2010 meet at 11:30 AM in the narthex to help load the donated food from the barrels to cars headed to the food pantry.

BACK TO SCHOOL YOUTH TIE-DYE PARTY

On Thursday, September 9, 2010 join us for an all youth Back to School Tie-Dye Party from 6:00 PM to 7:30 PM. Meet in playground courtyard of the church. We will have dinner at 7:00 PM. T-Shirts will be provided.

SAFE SPACE HALLOWEEN PARTY FOR KIDS

First Church youth will once again prepare a Safe Space Halloween Party for Kids! Meet for set up on Sunday, October 31, 2010 at 4:00 PM in Room 202

VOLUNTEER AT THE OREGON FOOD BANK

On Saturday, November 13, 2010 First Church youth will volunteer at the Oregon Food Bank. Meet in the church parking lot at 8:30 AM and we will return to the church by 11:30 AM for pick up.

CHILI LUNCH FUND RAISER

On Sunday, November 28, 2010 the youth will meet from 10:00 AM to 2:00 PM to prepare, set up, and serve a chili feed to the congregation. Meet in Collins Hall and the Collins Hall Kitchen. We will also meet on Saturday, November 27, in the Collins Hall Kitchen from 2:00 PM to 4:00 PM to make our dyno-mite chili!

ALL YOUTH-ZOO LIGHTS

On Saturday, December 4, 2010, meet at 5:00 PM at Bellagio's Pizza in Goose Hollow for dinner and then it's off to the Zoo Lights! Pick up in church parking lot at 9:00 PM See the Family Ministry page for more details.

FOR MORE INFO CONTACT

Megan Humphreys-Loving
503/228-3195 ext. 227
mhumphreys-loving@fumcpdx.org

EVERY WEEK

HIGH SCHOOL YOUTH

High School Youth meet each Thursday at 6:00 PM in the Youth Room. Followed by dinner with juBELLation at 7:00 PM. Our fall program will kick off on Thursday, September 16, 2010.

September: 16, 23, 30
October: 7, 14, 21, 28
November: 4, 11, 18
December: 2, 9, 16,

MIDDLE SCHOOL YOUTH

Middle School Youth meet each Sunday at 12:15 PM in the Youth Room. Our fall program will kick off on Sunday, September 19, 2010. We will begin with lunch at 12:15 PM and be ready for pick up by 1:15 PM.

September: 19, 26
October: 3, 10, 17, 24
November: 7, 14, 21
December: 5, 12, 19

EVERY MONTH



ALL YOUTH COUNCIL

The All Youth Council will meet the first Thursdays of each month at 5:00 PM in Room 110.

ALL YOUTH PING PONG TOURNAMENT

There will be an All Youth Ping Pong Tournament on the First Thursday of each month at 6:00 PM in the gym, following Youth Council.

YOUTH LUNCH ADVENTURE

There will be a Youth Lunch Adventure on the last Sunday of each month. Meet in Collins Hall at 12:15 PM to depart for a local restaurant. September's Lunch Adventure will be Russell Street BBQ, yum!

SPECIAL EVENTS

WELCOME HOME SUNDAY: SEPTEMBER 12

Welcome Home Sunday is the first day back to regular Sunday school programs. Sunday school classes will meet, and following worship and class, there will be a big party for all to partake! We will have activities, food and fellowship as all people gather together to start another year of Sunday School!

SAFE SPACE HALLOWEEN PARTY: OCTOBER 31

Parents and kids are invited to attend the Safe Space Halloween Party! We will have games, crafts, and activities for kids of all ages. This will not be a scary or spooky time, rather a wonderful opportunity to show off costumes and eat candy! Join us in Room 202 at 5:00 PM.

WREATH-MAKING & CHILI FEED: NOVEMBER 28

The Children and Family Ministry Committee is happy to host again this year the Family Wreath-making Party on Sunday, November 28, 2010. We will provide all the materials for you to come with your family and make your own Advent Wreath. Following worship, join us in Collins Hall to create your wreath, and then stay to enjoy some delicious chili prepared by the youth!

ZOO LIGHTS ... A FAMILY ADVENTURE: DECEMBER 4

Join us on Saturday, December 4, 2010 for a Zoo Lights Family Adventure at the Oregon Zoo. In collaboration with the Travel @ First group we will meet at 5:00 PM at Bellagio's Pizza in Goose Hollow for dinner and then at 6:00 PM depart as a group on MAX for the Zoo. A fun winter fellowship opportunity with an intergenerational group excursion to our beautiful Oregon Zoo at night!

VOLUNTEERING

FAMILIES VOLUNTEER: COMPASSION CLINIC

On Saturday, September 18, 2010, volunteer with others from First UMC to assist those who are un-insured or under-insured in our downtown community. All are welcome to sign up to participate! Visit: www.downtowncompassion.org to register.

FAMILIES VOLUNTEER: NATIONAL MAKE A DIFFERENCE DAY

Saturday, October 23, 2010 - Look for details to follow.

FAMILIES VOLUNTEER: OREGON FOOD BANK

On Saturday, November 13, 2010, join us from 9:00 to 11:00 AM to volunteer at the Oregon Food Bank. Meet at church at 8:30 AM to carpool or at the Oregon Food Bank at 9:00 AM.

NURSERY CARE

Nursery care is available from 9:15 AM-12:00 PM each Sunday. The nursery is available for infants through two-year-olds during Sunday worship. Our professional staff members have completed a background check and Infant/Child CPR and First Aid training. The nursery is also available for committee meetings and other special church events, by request. A \$5.00 donation is suggested for these special events.



SUNDAY SCHOOL

Sunday School is the foundation of our Christian Education program at First Church. We offer classes for children from Preschool to Fifth Grade. Sunday School teachers are volunteers who have been carefully screened and trained.

On Sundays, children attend worship with their families and then leave for Sunday School after the Children's Message. Children must be picked up from their classrooms after worship by a parent or designated adult.

Children's classes meet in the following rooms:

Pre-Kindergarten	Room 208
Kindergarten	Room 205
First Grade	Room 206
Second & Third Grade	Room 133
Fourth & Fifth Grade	Room 134

FOOD AND FRIENDS FOR PARENTS

Food and Friends is a great opportunity for parents to get to know one another. We gather on the fourth Saturday of each month to hang out, eat, and have a good time. The church nursery is open for your kids and then you can join up with the adults. The church nursery is open at 5:30 PM and closes at 9:00 PM. Dinner and activities begin at 6:00 PM at a predetermined location. Mark the following Saturdays on your calendar:

September 25, October 23, November 27

Call Megan Humphreys-Loving at 503/228-3195 to RSVP or if you have questions.

PARENTS DAY OUT

Child care will be provided for children, infant through age ten on the following Saturdays in December: 4, 11, and 18 from 10:00 AM to 2:00 PM. This is designed to give parents free time during the holidays.



UNITED METHODIST WOMEN

United Methodist Women join with women in United Methodist congregations around the world in organizing for mission. We strive to develop a supportive fellowship as we participate with women, children, and youth in nearly 300 international programs, in 103 national programs, as well as several local programs.

Our Unit President is Marion Hollenberg, 503/640-3270

UNITED METHODIST WOMEN'S SUNDAY

September 19, 2010

Special Guest Preacher, Dr. Dana Robert of Boston University

CIRCLES

RUTH CIRCLE

Third Wednesdays

Noon, in Room 204

Chair: Betty-Lou Hare

CIRCLE OF FRIENDS

Last Wednesday each Month

Lunchtime in Room 204

Chair: Alyson Inouye

Our planning meeting will take place on September 29, 2010 in Room 204.

Our programs include: A Christmas HUGS Collection (hats, underwear, gloves, and socks), a collection for the Goose Hollow Family Shelter Guests, a Spring Baby Shower for families who receive FISH services, a discussion of our favorite books, an outing or two to visit places or programs of interest.

SEWING GROUP

All women who enjoy sewing are encouraged to come to Room 202 on the first Wednesday of each month at 1:30 PM. Sewing machines are available for use at the church. Current projects include: hospice quilts and receiving blankets for UMCOR. For further information contact: Marion Hollenberg, 503/640-3270

BOOK GROUP

Third Wednesdays

The UMW Reading Group meets monthly to discuss a book of interest.

MONTHLY GATHERINGS

UMW UNIT GATHERINGS

UMW Unit Gatherings are the first Wednesday of each month. The meeting is at 10:00 AM in the Fireside Room for a business meeting followed by a program at 11:00 AM. There is a brown bag lunch at noon in the Fireside Room.

Our September Kick-Off Gathering

Wednesday, September 8, 2010: Getting to Know You

Our first program will be "getting to know you," a question and answer session featuring our church staff. Each UMW member is encouraged to bring a friend. Lunch will be served in the Fireside Room. For further information contact: Marion Hollenberg, 503/640-3270

A SPECIAL PRESENTATION

On Thursday, September 30, 2010 at 10:00 AM in Collins Hall, Rev. Paul Jeffrey will show photos taken in the Sudan and talk about his work there. A lunch will be provided. All are invited to this event.

The Rev. Paul Jeffrey is a Global Ministries missionary who writes about the work of the church around the world as senior correspondent for *Response*, the magazine of United Methodist Women. Paul also provides coverage of emergencies for Action by Churches Together, a Geneva-based global alliance of churches responding to disasters. Paul has filed stories from more than 65 countries in Latin America, the Caribbean, Africa, and Asia, writing about everything from hurricanes to health care, from massacres to indigenous rights, from refugees to ecumenism.



MUSIC AT FIRST

ADULTS

THE CHANCEL CHOIR

The Chancel Choir sings for Sunday morning worship services. Directed by Dr. Ethan Sperry, it rehearses on Thursday evenings in the Sanctuary from 7:00 – 9:00 PM. All are welcome to sing in this volunteer choir.

Chancel Choir Retreat

September 10 and 11, 2010

Beatitude Mass for the Homeless

October 9, 2010

The cantata, *Beatitude Mass for the Homeless* by Henry Mallicone, will be performed at First Unitarian Church to benefit the three downtown churches most involved in helping the homeless.

Choir Presentation

December 12, 2010

The Chancel Choir will make a special presentation during worship.

Christmas Pop's Concert

December 19, 2010

THE SANCTUARY BELL CHOIR

The Sanctuary Bell Choir, directed by Nancy Hascall, rehearses on Wednesday evenings in Room 202 from 7:00 – 9:00 PM. Handbell ringing experience is useful, but not required; music reading ability is necessary for this to be an enjoyable experience. The first rehearsal is on September 8, 2010.

This group will play for worship:

October 10, Prelude

November 28, Offertory

YOUTH

THE VERITAS CHOIR

The Veritas Choir, with Mark Woodward is for sixth grade through senior high school students. They rehearse on Sunday mornings in Room 133 from 12:00 – 12:30 PM.

They are singing on:

November 14

December 19 and 24

GENESIS RINGERS

The Genesis Ringers, directed by Karin McDonough, is for beginning handbell players ages 9 through adults. They rehearse on Thursday evenings in Room 202 at 6:00 PM.

juBELLation

juBELLation, also directed by Karin McDonough, is the youth handbell choir. They rehearse on Thursday evenings in Room 202 at 7:30 PM. The first rehearsal will be on Thursday, September 16, 2010.

They will play on:

October 24, Offertory

December 12, Offertory

CHILDREN

THE CHERUB CHOIR

The Cherub Choir, with Jen Graver, Nancy Erfle and Todd Engle, is for children ages three through first or second grade. They meet on Sunday mornings in Room 206 from 9:30 – 10:15 AM.

They are singing on:

October 10

November 21, Introit

December 12

December 24, Family Service

THE SOUND SEEKERS

The Sound Seekers Choir, with Ronnee Edwards, is for children in second or third grade through grade 5. They rehearse on Sunday mornings in Room 136 from 9:30 – 10:15 AM.

They are singing on:

October 17

November 21, Children's Time

December 24, Family Service



SHINE & SING!

For more information about participating in the music program at First Church, contact Kelly Qualls at 503/228-3195 x 235 or kqualls@fumcpdx.org or visit the church website at: www.fumcpdx.org

SUNDAY MORNING CLASSES

CHANGING CHRISTIANITY

This class meets each Sunday from 9:00 to 10:15 AM in Room 110
This class focuses on how Christianity has changed, is changing, will change, and how we can be a part of that change.

FELLOWSHIP OF SEEKERS

This class meets each Sunday from 9:15 to 10:15 AM in Room 134
The class is open to all who seek spiritual growth through study and discussion of writings by current and historic religious thinkers. Following a time of fellowship, lively discussions are led by different class members each week.

FAITH AND PUBLIC LIFE SERIES

This adult class series will explore various public issues and themes through the lens of our faith life. Each session will meet in the Fireside Room from 9:15 to 10:15 AM.

Prayer – The Sacred Connection

September 12, 19, and 26, Fireside Room at 9:15 AM
This class will be taught by Rev. Peggy Luckman

In this brief series of classes you will have an opportunity to experience many different ways in which we pray. Also included in the classes will be time to reflect on your personal prayer journey and to share if you are comfortable doing so. You may also ask questions you may have about prayer. We will offer information about resources that can be used to deepen your own experience of sacred connection.

Comics and Christianity

October 3, 10, 17, 24 in the Fireside Room at 9:15 AM
This class will be taught by Doug Force

How do the subtle materials of our casual reading influence our day-to-day thoughts and actions? Does the “light” printed material we often peruse each morning reflect those things we most esteem in our lives and interactions? Was Christ the inspiration for the early cartoon the “Yellow Kid” by Richard Outcault, or is this seemingly sympathetic character just that? And what about Superman, Batman and Robin, Spiderman, Wonder Woman, or the rest? Why do these characters and the ideals they symbolize stay so long in our lives? Buy a comic book, bring your Bible (and maybe some popcorn), and join us for a four-week exploration of Christianity through the comics!



FROM JESUS TO CHRIST

Electives for Enrichment are Monday morning classes held in the Fireside Room from 10:00 AM to 12:00 PM, October 4, 11, 18, 25, 2010.

In this series of four videos, the story of the Jesus’ life and the first three hundred years of Christianity are explored. This video series includes reflections by leading New Testament scholars, many amazing artistic scenes, and information that helps us understand the struggles and conflicts of the earliest Christians. How is it that they interpreted the message of Jesus in the context of their environment and religious upbringing? How did the political scene affect their faith development? How did they come to understand that the man Jesus was the Christ? These and other questions will be addressed in this series.

ADULTS



The Sunflower by Simon Wiesenthal

October 31, November 7, 14, and 21
at 9:15 AM in the Fireside Room
Discussions will be led by Adult Ministries members

This is a revised and expanded edition of the book, first published in 1976. It opens with Wiesenthal’s personal story of an experience as a prisoner in a concentration camp in World War II. He then asks what would you do if a dying Nazi soldier asks for your forgiveness. Some of the responses in the original edition are included, along with 32 new responses.

“In this important book fifty-three distinguished men and women respond to Wiesenthal’s questions. They are theologians, political leaders, writers, jurists, psychiatrists, human rights activists, Holocaust survivors, and victims of attempted genocide in Bosnia, Cambodia, China, and Tibet. Often surprising and always thought-provoking, *The Sunflower* will challenge you to define your beliefs about justice, compassion, and human responsibility.”

The book will be on sale in the Commons in Collins Hall several Sundays in October.



A RECONCILING CONGREGATION

As a Reconciling Congregation, members of First United Methodist Church have pledged to welcome and support all who want to worship with us, regardless of race, gender, class or sexual orientation.

A FORUM ON MARRIAGE EQUALITY: SEPTEMBER 26, 2010

On Sunday, September 26, 2010 the Fall Reconciling Luncheon Series Program will present a forum on LGBT Marriage Equality. The forum begins at 12:00 PM in the Fireside Room and a light lunch will be provided. Equal rights for gays and lesbians, including legally recognized unions, is undoubtedly one of the most hotly debated issues of our time as it touches the political, religious and social spectrums of life. LGBT advocates contend that the right to marry the person of your choosing is fundamental, regardless of gender. Opposing voices counter that "one man-one woman" marriage is the "basic unit" of healthy, functional families and societies. They contend that they are battling for nothing less than the survival of our culture. So what is marriage and why does it matter? How can our faith community respond to this important issue of our time?

Join us for an engaging and informative panel discussion that will explore this multifaceted issue. Hear from both LGBT marriage supporters and those who hold opposing viewpoints. Speakers will include Dave Hunt, Speaker Oregon House of Representatives.

R+ FRIENDS LUNCHES

For those interested in the First Church Reconciling program, this group occasionally goes out for lunch following worship. Join us October 17 and December 19, 2010. Meet in Collins Hall after worship. For more information contact: Dan Woodward.

PFLAG

First Church is proud to provide a meeting space for PFLAG (Parents and Friends of Lesbians and Gays). To learn more about this group and their meeting schedule, visit their website at: pflagpdx.org.



WORLD AIDS SUNDAY
DECEMBER 5,
2010

LOOKING AHEAD ADVENT



THE FIRST SUNDAY OF ADVENT

Sunday, November 28

Chili Feed and Advent Wreath Making in Collins Hall following worship

THE SECOND SUNDAY OF ADVENT

Sunday, December 5

THE THIRD SUNDAY OF ADVENT

Sunday, December 12

A special musical presentation by the Chancel Choir in the 10:30 AM worship service

THE FOURTH SUNDAY OF ADVENT

Sunday, December 19

A Christmas Pops concert at 3:00 PM in the First Church sanctuary

CHRISTMAS EVE

Friday, December 24

Family Worship at 5:00 PM and Candlelight Services at 7:00 and 9:00 PM

A Communion Service at 11:00 PM in the Chapel