AS A PEACE CHURCH
We declare that we will be an advocate for peace in our local communities and world.

AS A RECONCILING CONGREGATION
All are welcome to participate in the full life of the church, including all races, abilities, ages, classes, gender identities, and sexual orientations.

AS A CREATION CARE CONGREGATION
We advocate for lifestyles and social policies which bring healing and renewal to our precious Earth.

WORSHIP TIMES
8:30 AM CHAPEL
10:30 AM SANCTUARY

COMING UP AT FUMC

CONFIRMATION SUNDAY
MAY 20 | 10:30 AM
Eighth grade students who have been attending Confirmation class and desire to become members of the church will be confirmed during the 10:30 AM worship service on Sunday, May 20.

CHURCH DIRECTORY PHOTOS
SUNDAYS MAY 20 - JUNE 10 | 11:30 AM | ROOM 110
We will be taking Directory Photos after worship for the next four Sundays. If you didn’t get a photo taken last year, or want an update we’d love to have a photo of you to update our directory.

MEET & GREET WITH ALICIA!
SUNDAY JUNE 3 | 9:30 AM | FIRESIDE ROOM
All youth and parents are invited to an official meet and greet with our newest staff member, Alicia McConnell and be a part of the conversation and brainstorming about the future of FUMC youth ministry!
A smile coming to my face is one of the surest signs that I am about to be productive. Smiling tells me that I am not afraid, I’m not anxious. Rather, I’m happy and content. Whether I smile has nothing to do with my exterior condition. It is an expression of the interior. Thich Nhat Hanh reminds me in his book *The Art of Power*, that “many people think excitement is happiness… But when you are excited, you are not peaceful. Happiness is based on peace”.

Happiness and peace, the peace that the world cannot give, are so rarely modeled for me that it can be difficult to remember what they look like or how they function. In my own personal search for peace and happiness, I often am brought back to the ancient practice of keeping Sabbath. Sabbath is largely left up to a personal definition. Most people with whom I discuss these things report that their Sabbath usually consists of a 24 hr. period wherein they only engage in activities they want to do. For me, this sometimes means going on a grand adventure. Other days it means turning off my phone and staying in sweatpants while a constant stream of old kung-fu movies are playing in the background.

I’ve been playing with the practice of Sabbath keeping for about five years. I notice a difference between the weeks I am able to keep my Sabbath and weeks I am not. When I have kept my Sabbath, I tend to be more clear in my working week. I’m a more attentive parent. I am more conscientious at home and work. Conversely, when I have neglected my Sabbath I run out of steam about halfway through my week. I’ll become slightly more absent minded, my fuse is shorter, I am pretty sure I act less like Jesus that I might regularly.

My reasons for neglecting Sabbath have been as plentiful as the number of Sabbaths that have crossed my path. Sometimes, the duties of life prevent me. These are things like medical emergencies or parenting responsibilities. Other times, outside forces like my job have placed requirements on me that make it impossible to keep a Sabbath consistently. Some of these things are in my control, others aren’t. I have noticed for myself that chronically ignoring my own rest and care in Sabbath will ultimately be a recipe for disaster so I try to not let it languish for long.

What is your practice around rest? How is it shaping you and affecting those closest to you? Donna and I are looking into Sabbath in the month of June. We will be talking about what Sabbath looks like today, tips and hacks for making sure it can be included in even the busiest of lives, and even explaining how Sabbath leads to the healing of our world.

Sabbath works. Like flossing our teeth it takes time to build the habit even though it may very well be worth it.
MORE HAPPENING AT FUMC

PLANNED GIVING WORKSHOP
SUNDAY MAY 20 | NOON | FIRESIDE
REGISTER: FRONT OFFICE
503.228.3195 | OFFICE@FUMCPDX.ORG

GLOBAL MISSIONS FORUM
FEATURING GORDON GREATHOUSE
JUNE 3 | 12 PM | FIRESIDE ROOM

Gordon Greathouse, a Beaverton native, has worked in the mission field for 39 years, 30 of which FUMC has supported him in. Gordon will be retiring this year, and will give a presentation after the 10:30am service. Gordon has changed the lives of many through the Shade and Fresh Water Program in Brazil, a Global Missions project that helps at risk children and teens develop character through an after-school network. All are invited to come and learn about his work. A light lunch will be provided.

PRAYERS OF THE CHURCH

...OF CELEBRATION

· For the graduation of our high school seniors (from left to right: Amaya Smole, Michaela Kurtz, Grace Kemling, Hannah Kekel, Nathan Dworniki, Theodore Clarke, Rasheed Butler, Claire Backus, Dorsey Wilhoite) and Helen Preston (not pictured).
· For the joy, and success of the Karaoke Sing-Off competition last Saturday. Over 5,000 dollars was raised to support music programs at FUMC. Congratulations to Jonathan Green who crooned and danced his way to first place!
· For the promise of peace on the Korean Peninsula.

...OF CONCERN

· For Bob Schuberg and his partner Sue Beardwood as Bob faces more health issues.
· For the homeless of our city. For healing from mental illness, addiction, and estrangement.

CONTINUED PRAYERS FOR ...

· Jenny Anderson  · Ted Barber

PATHFINDERS
JUNE 2 | 11:30 AM | ROOM 110
CONTACT: SHO & KIKO KIMURA
503.880.8505
KIMURAK@COMCAST.NET

A God-led journey: How did God take a girl from Mantua, Ohio and bring her to FUMC and the Stephen Ministry Program? Come hear Shelly Edwards talk about her journey from small town girl, to world traveler; a librarian training on computer systems to a trainer of care givers and a leader of Stephen Ministers today.
38 from our FUMC community spent a weekend relaxing, singing, playing and growing in their faith together at Suttle Lake during our All Church Retreat 2018. Thank you to everyone who attended, and all the volunteers, FUMC and Suttle Lake Staff who made this retreat possible. We hope you will join us all again next year!
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First United Methodist Church · 1838 SW Jefferson St · Portland OR 97201 · 503-228-3195 · www.fumcpdx.org
WORSHIPPING

SABBATH SENSIBILITIES
RECLAIMING AND REDISCOVERING MEANINGFUL SABBATH PRACTICES FOR TODAY

• JUNE 3 – Holy Disobedience – a look at the counter-cultural nature of Sabbath
• JUNE 10 – Taking the Time Out – permission to claim our holy rest
• JUNE 17 – Planetary Priests – the healing power of Sabbath for the Earth
• JUNE 24 – Entering God’s Resting Space – the practice of Sabbath as a spiritual discipline

YOU ASKED FOR IT
HYMNS & SERMON TOPICS REQUESTED BY THE CONGREGATION

• JULY 1 – We Are Forgiven – the power and the challenge of accepting Christ’s forgiveness for ourselves
• JULY 8 – We Are Forgiving – extending forgiveness to those who have hurt us
• JULY 15 – Joy! – going beyond happiness to joy, even in difficult times
• JULY 22 – Animal Kin-Dom – honoring animals and caring for all God’s creatures
• JULY 29 – Give Me a Break! – Surviving compassion fatigue

MUSIC SUNDAY
JUNE 10 | 10:30AM | SANCTUARY

Music Sunday celebrates our Music Ministry Programs at FUMC. During worship, the Cherubs, Sound Seekers and Chancel Choir will join together. For more information please see the back page.

SUMMER CHOIR
SUNDAYS JUNE 17 - AUG 26
9:15 AM | SANCTUARY

During summer the Chancel Choir meets on Sunday mornings to rehearse the anthem for worship. It is a great chance for those that want to sing in the choir but can’t make a Thursday evening rehearsal. All are welcome to come sing and make a joyful noise with us!

ROOTED
GROWING DEEP TO GROW UP

• AUG 5 – Rooted in Prayer – spiritual disciplines for mature discipleship
• AUG 12 – Practicing the Presence of God – contemplative living
• AUG 19 – Light My Way – Bible study as spiritual discipline
• AUG 26 – Rooted in Action – enlivening faith through community

ANNUAL CHOIR RETREAT
SEPTEMBER 7-9 | COLLINS HALL

The choir will read through music that will be sung during the Fall and Advent/Christmas seasons, eat together other and have a great time in community! We invite anyone that would like to sing in the choir this year to register and come to the retreat!
FIRST CHURCH ORIENTATION
JUNE 3 & JULY 29 | NOON | ROOM 202
RSVP: REV. JOSH KINGSLEY
JKINGSLEY@FUMCPDX.ORG

If you are new to First Church, or a long-time visitor and want to get more connected, we welcome the chance to get to know you more! Join us for a time of fellowship and food with our clergy. Child care is provided.

ADULT SUNDAY SCHOOL
CHRISTIANITY IN A CHANGING WORLD
SUNDAYS | 9 AM | ROOM 202

This class explores the complexities of what it means to be a compassionate Christian in today’s rapidly changing world. Starting June 17 we will be discussing *The Triumph of Christianity: How a Forbidden Religion Swept the World*, by Bart D. Ehrman.

PATHFINDERS
JUN 2 & AUG 4 | 11:30AM | ROOM 202
CONTACT: OFFICE@FUMCPDX.ORG

Pathfinders, a caring, adult fellowship group meets throughout the year for a potluck and programs of inspiration and learning, which lead toward broader vision and expanded horizons. All are invited to participate!

ALL-COMERS BOOK CLUB
FOURTH MONDAYS | 7PM | LIBRARY
CONTACT: PHYLLIS LEONARD
LEONARD.PJ@GMAIL.COM

The All-Comers Book club is a group that discusses selected books each month and meets for discussion and snacks, as well as outings to events related to some of the readings. All are welcome to participate.

CLEAN RENEWABLE ENERGY
CONTACT: OFFICE@FUMCPDX.ORG

In April 2018 FUMC enrolled in PGE’s Clean Wind Renewable Energy Certificate program to offset our electricity usage with clean renewable energy. If you are looking for a way to demonstrate your own commitment to caring for God’s Creation our Planet Church Committee can help you learn how to reduce your Carbon footprint.

GREATHOUSE INTERNS
SUNDAY AUG 19 | 12 PM | FIRESIDE

First Church funds two internships every year so that young people can get life experience and benefit a local non-profit. Towards the end of their internship they will present on their experiences at a forum. All are invited to attend!

GLOBAL MISSIONS
FEATURING GORDON GREATHOUSE
JUNE 3 | 12 PM | FIRESIDE ROOM

Gordon Greathouse, a Beaverton native, has worked in the mission field for 39 years, 30 of which FUMC has supported him in. Gordon will be retiring this year, and will give a presentation after the 10:30am service. Gordon has changed the lives of many through the Shade and Fresh Water Program in Brazil, a Global Missions project that helps at risk children and teens develop character through an after-school network. All are invited to come and learn about his work. A light lunch will be provided.
Maybelle Center’s mission is to nurture the mind, body and spirit of the forgotten poor of Old Town by providing advocacy, community services, fellowship, and a sense of belonging. Join Church & Society in hosting their monthly birthday party! We provide the cake – You provide the fellowship and fun!

Oregon Food Bank
SIGN-UP: MEGAN JONES
MJONES@FUMCPDX.ORG
503.228.3195 EX 227

Church and Society invites you to volunteer at the Oregon Food Bank. You’ll work side by side with a team of First Church volunteers and others from the community. If you would like to volunteer please sign-up with Megan.

- JULY 7 | 9 - 11:30AM
BEAVERTON REPACKING ROOM

- AUGUST 11 | 9:30 AM – 12:30 PM
OFB COMMUNITY FARM IN PORTLAND

Over 50 volunteers make our Sunday School Program a success for both students and teachers. Teachers work in teams and are provided with curriculum and support for their classes. If you are wanting to teach, please plan to attend this training. Lunch will be provided. All teachers should plan to attend from 12 pm – 1 pm, and if you are new plan to stay till 1:30pm.

P.S. Adult and youth volunteers are needed to make Summer Sunday School an enjoyable experience for all! If you would like to help on one or more sundays please contact Megan!

Looking to get your hands working in the earth? Our beautiful campus is maintained by our Shovel & Rake Gang. Summertime is the perfect opportunity to get outside and work with these dedicated gardeners and landscapers. After the work is done they meet in Room 110 for a coffee, treats and fellowship.

Mainspring sees Portland as a city where all residents have access to healthy food, stable housing, and job and educational opportunities. We support them in their mission by keeping barrels in the Narthex for donations. They are always in need of usable clean clothing, unopened food (please no food past the use by date), wearable shoes, unused personal hygiene products, clean blankets, sleeping bags, sheets, backpacks, bags, tents and towels.

MainSpring
EVEN SUNDAY | SANCTUARY NARTHEX

Portland Homeless Family Solutions (PHFS)
In-kind Donations

PHFS is regularly in need of items to support families experiencing homelessness, and to assist families in transition out of homelessness. The bin is located in the entrance between Collins Hall and the Nursery. For a detailed list of items PHFS needs, visit pdxhfs.org/inkind-donations.
TRAVELING DAY TRIPS

VISIT THE HOLY LAND
OCT 22-31 2018
CONTACT: DEE POUJADE
TRAVELING.MIMI@GMAIL.COM

The Oregon-Idaho Holy Land Task Force is hosting a trip to the Holy Land. Tour highlights include a Sea of Galilee boat ride, Mount of Beatitudes, a visit to the ancient Roman city of Sabastia, dinner and overnight stay in Bethlehem, and a day tour of Jerusalem. Register now as, space is limited! Contact Dee Poujade for more information.

ALBUQUERQUE INTERNATIONAL BALLOON FIESTA
CONTACT: CHERYL LUCE
CHERYL.LUCE@GMAIL.COM

First Church Travelers is sponsoring their next trip in October 2018, to one of the premier events in the United States: The Albuquerque International Balloon Fiesta. The 7-day trip also includes nights in Santa Fe and Taos, a great itinerary! Register now!

STERNWHEELER TRIP
MONDAY JUNE 25 | $29 PER PERSON

Join the FUMC Travelers for a scenic cruise through Columbia River Scenic Gorge from Cascade Locks to Bonneville Dam. Children are welcome. Purchase snacks and beverages on board. Deposit of $8 required to secure spot; full payment due June 10. Meet at the church at 9:15 am for carpool.

GARDEN RAILROAD TOUR
SATURDAY JULY 21 | $5 PER PERSON (CHILDREN GO FOR FREE)

The Garden Railroad tour combines gardening inspirations with the charm of imaginative model railways. Children and adults will enjoy the real-life formations of rocks, streams, ponds, miniature buildings and fascinating scale model trains, in a lovely outdoor setting. We will meet at the church at 9:30am and carpool. Bring sack lunch to eat at garden picnic area. Sign-up and pay by July 15.

FUMC CYCLES SUNDAY PARKWAYS
SUNDAY, JULY 22 | CONTACT: MEGAN JONES | MJONES@FUMCPDX.ORG

The Green Loop is a vision for a “linear park”, encircling downtown and the inner east side. Part of the Central City 2035 Plan, the loop will make it easier to get around the inner city on foot, bike or mobility device. The loop vision will be previewed at the Sunday Parkways, and following the 10:30 service the First Church Cyclists will join in. This easy ride should be about two hours, and pass by numerous booths and food carts. Watch upcoming Circuit Riders for more details on exact time and meeting place.

ALL CHURCH COOK-OUT & POTLUCK
SUN AUG 5 | 12PM | COLLINS HALL

We will have an All-Church Cook-Out and Potluck following the 10:30 am worship service. We’ll provide the main course, bring a side dish or dessert to share! All are invited to participate!
CHILDREN & YOUTH

LEARNING

SUMMER SUNDAY SCHOOL
SUNDAYS JUNE 17 – SEPT 2 | 10:45 AM
CONTACT: MEGAN JONES
MJONES@FUMCPDX.ORG

During the summer months, Children’s Sunday School is offered during the 10:30 am worship service for children 3 years old through completed 2nd graders. The following classes are based on the grade students will be entering:
• 3S - PRE K & K: ROOM 208
• 1ST – 3RD GRADE: ROOM 206

UNITED METHODIST YOUTH
SUNDAYS JUN 10-SEP 9 | COLLINS HALL

The United Methodist Youth (UMY) will be meeting for a time of fellowship before the 10:30 am service. We will talk about a scripture, play some games and just be together.

FOR MORE INFORMATION
ON ALL YOUTH ACTIVITIES CONTACT:
ALICIA MCCONNELL
AMCCONNELL@FUMCPDX.ORG
503.228.3195 EX 218

SERVING

SMITH RIVER CA
JULY 15-21 SMITH RIVER, CA

Several of our youth and youth volunteers will be travelling to join many church groups through the organization Sierra Service Project. Students will be divided into different work teams that will be working together in a construction project for members of this community. They will learn many skills concerning construction, working on a team and growing deeper in their faith all while making new friends and memories. If you are interested in learning more about this trip or would like to contribute towards the cost please see Alicia.

PDX CITY CAMP
MIDDLE SCHOOL MISSION TRIP
JULY 29-AUGUST 3 | COST: $245

Students who have completed 6-8 grades have the opportunity to participate in City Camp where youth take part in a number of service projects with a variety of organizations around Portland. Students and chaperones will be staying overnight and eating meals at Milwaukie Presbyterian Church. Partnering organizations are the Blanchet House, Clark County Farm, House of Bread, PPS Clothing Closet and more. Evenings will be filled with fun activities such as BBQs, spending time at local pools, etc. If you are interested in participating, please contact Alicia. We can also make arrangements for students entering 6th grade upon inquiry.

MONTHLY YOUTH FELLOWSHIP
JUNE, JULY AND AUGUST

Once a month during the summer, the youth group will be meeting to participate in fellowship and get to know one another more to maintain friendships during the summer. Look out in future Circuit Riders, and email blasts for more details.

PLAYING
Our Oregon-Idaho Conference offers many wonderful camps throughout the summer for people of all ages. Here are a few camps FUMC members will be attending this summer:

**MUSIC, ART, DANCE AND DRAMA (MADD) CAMP**

**JUNE 17-22, 2018 | CAMP MAGRUDER**

For Completed 9-12 grade students

**4TH OF JULY FAMILY CAMP**

**JULY 2-5 | CAMP MAGRUDER**

Family camp for all ages

Children entering Pre K through 5th grade are invited to take part in a fun week filled with learning, play, songs, and creativity.

This year, students can register for a half day camp or a full day camp. Our half day camp, 9:00 AM – Noon, is a FREE camp located at FUMC. Students will participate in fun rotations, much like the style of a typical vacation bible school, with bible party, games, crafts and creativity, snacks, etc.

The all day camp, 9:00 AM – 5:30 PM will begin with VBS, followed by lunch and an afternoon field trip. Children entering 1-5 grade are welcome to participate in the all day camp. Our field trip locations will include The Oregon Zoo, The Children’s Museum and Bottle & Bottega for a painting party. Thursday will be an afternoon movie at FUMC. The cost for the full day camp is $15 per day, Monday-Wednesday. There will be no charge for Thursday. If you are not in need of a full day camp each day, you may pick and choose the days your child attends.

**ADVENTURE CAMP**

**AUGUST 4-9 | SUTTLE LAKE**

- Elementary Camp
  - Completed 3-6 grade students
- Mid-High Camp
  - Completed 6–12 grade students

For a list of all summer camps, descriptions, and prices, please visit their website GOCAMPING.ORG.
**PRIDE PARADE 2018**

**JUNE 17 | 10:45 AM | SANCTUARY & NORTH PARK BLOCKS**

**CONTACT: STEVE & CACKY CROMER**

CROMERSTEVECACK@GMAIL.COM

Preparation for the Pride Parade is in full swing. We will again be selling t-shirts, adding in in pale pink and pale blue to represent the colors of the Transgender community, and we will also offer yellow and green in all sizes. The cost will be $15, and available via email if you were not able to get yours in Collins Hall.

On Sunday, June 17 we will commission our parade marchers in the 10:30am worship service, then go over to the North Park Blocks. See the Circuit Rider and Bulletin for specific parade placement assignment and cross streets for our meeting. We will have our umbrellas (*pictured to the right*), but it is also a good idea to bring sun screen too!

We will also once again be dancing in the parade. This year our song will be Katy Perry's "Firework". A dance demo and practice dates are coming your way and will be announced in the bulletin and Circuit Rider. We're hoping to be joined by other Organ-Idaho reconciling churches this year.

**MUSIC SUNDAY & KELLY’S RETIREMENT**

**SUNDAY, JUNE 10 | 10:30 AM | SANCTUARY**

After 16 years of incredible work, our Executive Director of Music, Kelly Qualls plans to retire from her position at FUMC. Kelly began attending FUMC in 1981, and became a member the following year. We will and do a reception in Collins Hall following the service.

During worship The Cherubs, Sound Seekers and Chancel Choir will sing *Lord, Listen to Your Children Praying* by Ken Medema. They will be accompanied by Pete Klimecky on bass, Greg Henion on drums and Jonas Nordwall at the piano. The Chancel Choir will sing *Trinity Te Deum* by Eriks Esenvalds with brass, harp, percussion and organ. They will also sing *Leaning on the Everlasting Arms* arranged by Mark Hayes with bass, drums and piano.